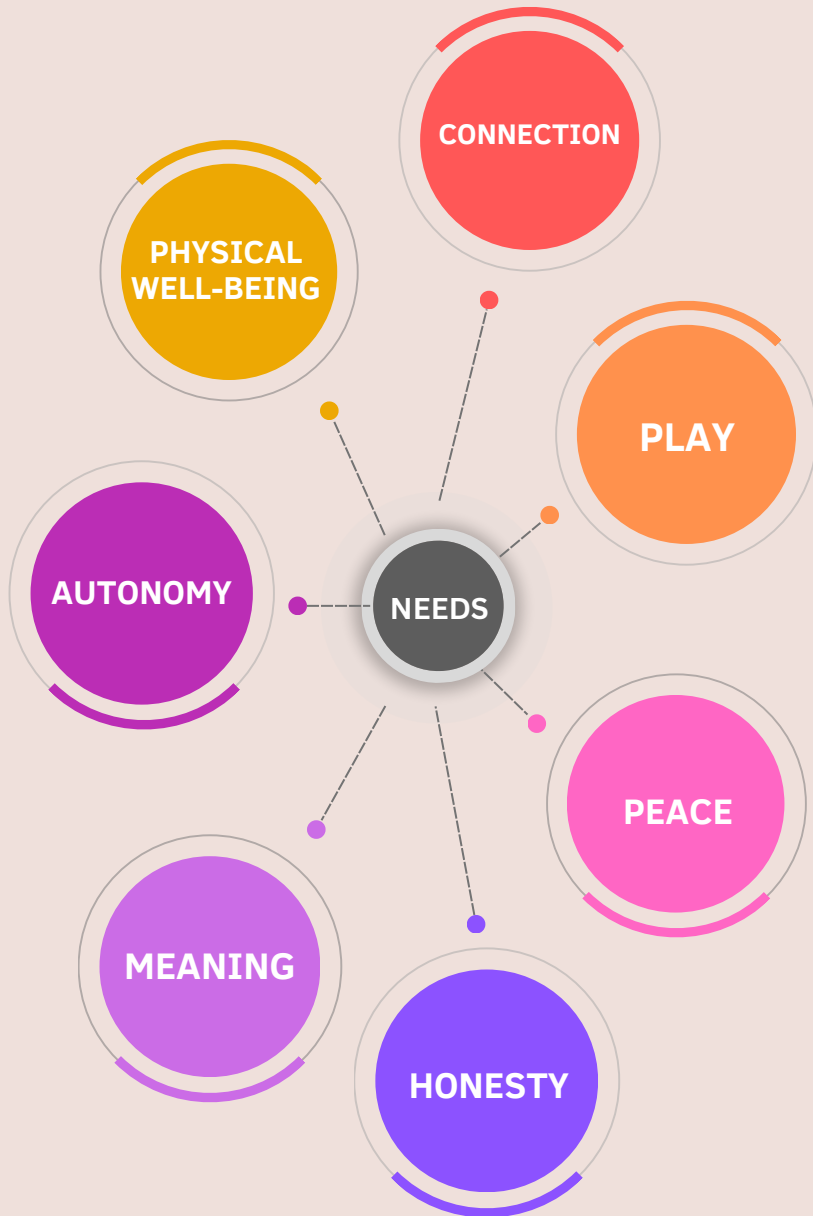


what do you need?

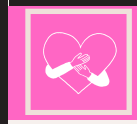


CONNECTION
*to know and be known
 to see and be seen*

- acceptance*
- affection*
- appreciation*
- belonging*
- cooperation*
- communication*
- closeness*
- community*
- companionship*
- compassion*
- consideration*
- consistency*
- empathy*
- inclusion*
- intimacy*
- love*
- mutuality*
- nurturing*
- respect*
- self-respect*
- safety*
- security*
- stability*
- support*
- trust*
- warmth*
- to understand*
- and be understood*



PLAY
*joy
 humor*



PEACE
*beauty
 equality
 communion
 harmony
 ease
 inspiration*



HONESTY
*authenticity
 integrity
 presence*



MEANING
celebration of life

- | | |
|----------------------|------------------------|
| <i>awareness</i> | <i>growth</i> |
| <i>challenge</i> | <i>hope</i> |
| <i>clarity</i> | <i>learning</i> |
| <i>competence</i> | <i>mourning</i> |
| <i>consciousness</i> | <i>participation</i> |
| <i>contribution</i> | <i>purpose</i> |
| <i>creativity</i> | <i>self-expression</i> |
| <i>discovery</i> | <i>stimulation</i> |
| <i>efficacy</i> | <i>to matter</i> |
| <i>effectiveness</i> | <i>understanding</i> |



PHYSICAL WELL-BEING

- | | |
|-----------------|----------------|
| <i>air</i> | <i>safety</i> |
| <i>food</i> | <i>shelter</i> |
| <i>movement</i> | <i>touch</i> |
| <i>rest</i> | <i>water</i> |



AUTONOMY

- choice*
- space*
- freedom*
- spontaneity*
- independence*